

## Spiritual Care

For patients, families and staff



The Royal Children's Hospital Melbourne **Spiritual Care** 50 Flemington Road Parkville Victoria 3052 Australia Telephone + 61 3 9345 4699 www.rch.org.au/spiritualcare



## The Spiritual Care team offers support to the entire hospital community patients, families and staff—in a person-centred, inclusive manner.

We are available to support people to connect with their own spirituality and inner strengths. For some, this means supporting their religious practice and for others this means seeking to understand what is meaningful and purposeful to them.

For patients and families in particular, Spiritual Care Practitioners are trained to assist people experiencing health crises and to find ways to address their needs appropriate to their beliefs.

Rituals are often helpful for patients, families and staff in navigating a crisis. Rituals may include naming ceremonies, blessings, baptism, prayer, reading of sacred texts or we can tailor rituals to family needs.

Spiritual Care staff are available by referral during normal business hours (8.30am to 4.30pm) Monday to Friday. An after-hours on-call service is also available on weekday evenings, weekends and public holidays.

## Prayer and meditation space

We have a quiet space that everyone may use on the ground floor, north building (follow yellow overhead signage). The area has an inclusive sacred space, water feature, prayer rooms and meeting room overlooking a courtyard and fountain. All are welcome to make use of this space.

## **Contact us**

Call **03 9345 4699** or **03 9345 5522** (RCH switchboard)

RCH staff: use EMR Secure Chat function and/or Spectralink 51839

After-hours on-call, call RCH switchboard (91)

For more information please visit www.rch.org.au/spiritualcare